



MUST EAT

The delicately spiced seafood in Kerala



MUST MEET

The Kathakali dancers who have day professions and put on make-up for the sheer passion of the dance!



MUST HEAR

Carnatic music



MUST EXPLORE

The ruins of Hampi



MUST EXPERIENCE

Ayurveda



MUST NOT MISS

The tranquil backwaters of Kerala

GLOSSARY of EXPERIENCES

CHENNAI

The San Thome Cathedral Walk:

Learn about the local history, the church, its architecture and stories around it.

An Afternoon with our Expert:

A writer, radio broadcaster, textile activist, food columnist and an excellent cook. Visit her home to enjoy some authentic Tamil cuisine and learn about Tamil culture.

Storytrail – Steeple Chase: Walk through Chennai's Christian

history and stories, from the humble arrival of St. Thomas, to the British who left behind a cathedral of neo-gothic splendor. Explore the forces that shaped Christianity in India as you experience a part of Chennai you may never have expected.

Vegetable & Flower Market: An amazing riot of colours; experience the early morning energy and just the sheer scale of the Koyambedu Market.

Dancer's Trail: Join us as we take you on a journey through the city's classical dance saga.

British Blueprints: This trail gives you a peek into colonial Madras.

Simply South Trail: Learn about the different regions and communities in the south that come with a very distinct set of customs, quirks and ways of life.



COCHIN

Walking Tour of Cochin: Walking tour designed as an eye opener to the old towns of Fort Cochin and Mattancherry. The large rain trees, beautiful colonial buildings, quaint streets lined with many shops, dining options, the Chinese fishing nets, the beach area, the different communities of Mattancherry is some of what you will see and experience.

Discover the Ancient Landscape of Muzuris: Learn about Muzuris, also known as the 'Jerusalem of the East', an ancient harbour which is nearly 3000 years old.

Demystifying Kathakali: Meet the Kathakali dance maestro who introduces the world of *mudras* or symbolic hand gestures.

Blue Bus Tour: Hop on this tour to experience the life of a common person in Kerala.

Anglo Indian Cooking: Learn about the fusion of Indian and European food and the cooking methods with an Anglo-Indian family in Fort Cochin.

THEKKADY

Lunch at a Spice Plantation: Enjoy a local family lunch and learn about the spice plantations.

Rubber Contours: Explore the rubber growing destination of Kerala, and enjoy home cooked lunch with a local family.

KUMARAKOM

Village Rubble: Tour through the scenic countryside on cycles or tuktuk, watching the locals go about their day-to-day life.

PONDICHERRY

Heritage Walk of the French Quarters: Informative walking tour through streets lined with colour-washed villas sporting louvered shutters, wrought-iron grilles, and ornate cornices.

Among the highlights is the beautifully restored, salmon-pink Church of Our Lady of Angels on Rue Dumas, built in 1865.

TANJORE

Three day Chola Tour: A comprehensive picture of the Cholas from their legendary beginnings to their final decline. There will be a lot of interesting stories and at least one typical Chola lunch recreated in a modern kitchen.

KARAIKUDI

Cooking Lesson: Chettinad cuisine perfectly illustrates how geography and climate influence the palate of a region and community. Join in and try your hand at cooking an authentic dish full of spices.

MYSORE

Mysore on a Bicycle: Join us on a cycle tour as the city wakes up. Make your way through its

narrow streets, varied communities and tree lined avenues, giving you a picture of time standing still.

Royal Mysore Walk: Walk the city to discover the colonial connections and how the American War, French Revolution and the Battle of Waterloo relate to Mysore. Also visit the 125-year-old market known for its vibrancy and colour.

Mysore Silk Tour: Mysore silk is one of the purest forms of silk in the world. The tour explores what goes into making a saree and why they are worth every penny.

Mysore Vintage Jeep Tour: A half day tour of Srirangapatna in an open-top jeep to hear the story of Tipu Sultan and his ingenious battle tactics. It was Tipu who adapted rockets to carry explosives for use as military weapons and turned them to great effect against the army of the East India company.

Ghatam Experience in Mysore: Learn one of the most ancient percussion instruments of south India.

MADURAI

Foodie Tour in Madurai: A tour to taste local delicacies with a pinch of history thrown in. You will visit a series of authentic restaurants

and roadside eateries, hand-picked by us, which serve traditional Madurai food.

Once Upon a Madurai: Experience the short walk through this ancient city and a chance to know her stories.

Madurai Dancer's Trail: Each city presents, through its dances, a story of its life. Learn about Madurai's.

KUMBAKONAM

Visit a Traditional School: Visit the school where young children live and train to become priests and listen to their Vedic chants.