



SINA BRUFANI  
PERUGIA

**Please find some suggestions on what to do in Umbria during your Clients' stay in our beautiful Region. We hope these information will be useful for you**

### **WHAT TO DO IN PERUGIA**

#### ✓ **COOKING LESSONS:**

each lesson lasts three hours and consists of theory and hands-on experience. Students will receive booklets or written recipes for the dishes prepared and a participation certificate upon completion of the course. All lessons are followed by a tasting of the dishes prepared.

#### ✓ **VISIT TO A LOCAL CHOCOLATE FACTORY:**

the tour begins with a film that tells the history of the company and illustrates the various phases of preparing chocolate. The tour continues with a visit to the factory where you can see fine chocolate being prepared using actual methods, and it concludes with the taste of some of the chocolates that can also be purchased at the factory shop.

#### ✓ **CHOCOLATE SCHOOL:**

for those who love chocolate and want to share the experience and the passion with the masters of chocolate creations of Perugia, we suggest three courses:

\* **MASTER IN "CHOCOLGY"**: to explore the universe of chocolate starting from its history, the basic ingredients and the making of tasty chocolates according to the basic techniques

\* **"CHOCOLGY" TASTER**: tasting of different variety of chocolate and making of delicious treats to sample together

\* **"CHOCOLGY" ARTIST**: to learn the basic techniques and to express one's creativity at its best through the realization of refined chocolate dishes

#### ✓ **CERAMIC SCHOOL:**

short courses for tourists, of 4 or 8 hours, where it's possible to realize a small artefact that will be given to the students the following day, at the end of the course. In a laboratory, the program foresees the decoration of a typical Umbrian pattern, on a varnished base, with "riproduzione a spolvero" (same techniques as for frescos, the design is punched and the holes are filled up with a dark powder which brings out the pattern) and the shaping by hand of various Manufacts with an electric potter's wheel or with the "Colombino" techniques (rolling by hand). Upon request, it is possible to visit the Regional Museum of Ceramics in Deruta and/or some of the little factories in the area.

#### ✓ **VISIT TO A CERAMIC FACTORY IN DERUTA:**

the guided tour begins with the historical background of the factory and the fine art of majolica. A visit of the factory will follow with an explanation of all the work phases. Each step of the process is executed by hand, by local artisans. The visit finishes at the factory shop where clients may buy original ceramics.

✓ **THRILLING DINNER**: a simple meal becomes the scene of a murder... during a typical group dinner, you will be involved in a real mystery story full of suspense in true Agatha Christie style in which all the participants have some elements to share with the others in order to piece together this mystery.

#### ✓ **WINE MUSEUM AND OIL & OLIVE TREE MUSEUM:**

two unique museums that inform about the traditional Umbrian cultivation of vines and olive trees, from ancient times to nowadays.

#### ✓ **WINE TASTING AND TOUR OF A LOCAL VINEYARD:**

the tour includes a visit of the vineyard, of the wine cellars and a tasting session of three different wines. The wine tasting can be accompanied by a selection of local dishes and cold meats on request. The visit to the wine cellars can be subject to limitations due to periodic work (fermentation, racking...). Wine tours can be booked only for groups of min. 6, max 15 people. It is possible to prolong the pleasant walk among the vines with a typical Umbrian snack or a light lunch in one of the cellars.



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✓ **SHOPPING IN UMBRIA:**

visit to the showroom of a renowned fabric factory of the area, which displays precious examples of fabric accessories for furniture and pure cashmere blouses. A special treatment is reserved to the guests of the Brufani Palace, which could vary between 10 and 40% discount in case of purchase. It is also possible to organize visits to the new Valdichiana Village outlet, where many national and international name brands are present.

✓ **THE TRUFFLES TOUR:**

it is particularly indicated during the good season, it takes place in the forest of Norcia (approximately 90 Km from Perugia): you will be able to find the precious black tuber (which the zone is rich), through maps, directions and suggestions. The availability of this excursion must be verified according to the period of the year and can be replaced with an "eno-gastronomic tour". It is an half day excursion and a minimum number of participants is necessary (40 pax).

✓ **SOMMELIER COURSE:**

the course will take place in a typical wine cellar in province of Perugia and will allow you to learn in a short time how to recognize a good wine. In about 3 hours, students will learn the basic knowledge of the tasting techniques and the rules for a right choice to combine wine and courses.

✓ **DEFENSIVE DRIVING LESSONS AND TEST DRIVES:** in street cars and single seaters.

The defensive driving lesson runs for an afternoon and is comprised of theory and practical sections. The theory section covers lessons on correct seating position, use of on-board electronic systems for enhanced active security plus maintenance tips and basic mechanical systems checks. The practical section includes two or three exercises, depending on track availability: panic stop, differentiated braking, slalom and spins. The test drive involves a theory briefing followed by circuits on a racetrack in a stock car. Instructors and mechanics will also be present.

✓ **OFF ROAD EXPERIENCE:**

The program consists in a course for driving a jeep, with which all participants will learn how to drive a 4x4 vehicle on a open countryside.

After the theory course, all the participants will make the following exercises:

1. the correct driving methods
2. distribution of weights
3. constructive techniques
4. specific use of the tires
5. choice of the trajectories
6. unprepared grounds (holes, mud, natural and artificial obstacles...)

✓ **TEAM BUILDING EXPERIENCE:**

Different types of activities will be organized: raft building, static Tirolienne, walking board team, spider web, adventure journeys with Tibetan bridge, Tirolienne, climbing wall.

✓ **GO KART:**

the race will be divided in three parts:

1. 3 opening turns: the first to test the track

the second with the timing

the third to come back

2. alignment on the grill and other 3 turns in order to heat the motors; in this phase the overtaking is not allowed.

3. 20 turns contest

The pilots (minimal 10 persons) will be able to use: coveralls, helmet and under helmet.



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✓ **RAFTING:**

the "Corno" river is divided in two stretches of the same length, that can be covered in safety even from inexpert persons. The first stretch is calm and fascinating and will let the participants cross the "Gola di Biselli", where a pause to swim and drink water from a source that gushes out directly from the cliff is previewed. The second is characterized from amusing and not dangerous rapids; here a natural springboard will allow the most audacious to dive in the foaming water. The equipment, that consist in shoes and dumb in neoprene, water jacket, safety jacket, helmet and of course rubber boat, canoe paddle and the guide who will accompany the clients for all the descend, is supplied.

Optional: \* possibility to have fresh fruit or something to drink at the end of the tour

\* possibility to have a certificate of attendance

\* possibility to have a photographic service on CD

Suggested period: from March to the first days of November.

✓ **BOAT CRUISE ON THE TRASIMENO LAKE:**

cruises and tours on the Trasimeno Lake with a particular boat called "Pantoon" discovering the local history, traditions, art and nature of the area through nautical tourism. It is possible to visit the lake's islands, tasting during the cruises typical wine and local products. An opportunity to cruise around the lake while taking a drink on board during the romantic sunset.

✓ **TOUR OF UMBRIA IN FERRARI:**

there are things in life that give exceptional emotions...like taming the engine of a Ferrari whilst driving along the Umbrian countryside enjoying the unique scenery, smells and flavours that this region can offer.

✓ **TOUR OF UMBRIA WITH A VINTAGE CAR:**

daily tours while driving convertible vintage cars to discover the beauties of the landscape at a different speed. These cars are perfectly restored and well functioning despite their past, today they are more sporty in the form because obviously do not offer the same comforts as the modern cars.

✓ **SPEED EXPERIENCE BY FERRARI & PORSCHE**

**Test Drive Ferrari F430 Challenge and Porsche GT3**

Assisted by professional pilots, participants will experience the rush of driving on a race track, the latest generation high performance Ferrari F430 Challenge and Porsche 997 GT3.

The exclusive and exciting training program also teaches driving techniques and peculiarities of these competition level cars.

The instructor will give advice on racing techniques such as:

- Driving position
- Trajectory study
- Traction control
- Control oversteer
- Gear management
- Limit breaking

✓ **AND MORE .....**

River hiking canyoning and spelaeology, hiking, free flight with hang gliding and paragliding, horse or donkey or mule riding, mountain bike, quad excursion, sailing boat regata.